

Year 9 PSHEe - LEARNING JOURNEY

The principal aims of Year 9 PSHEe is to ensure all pupils consider the importance of setting goals. To examine the impact of substance misuse and gangs. To recognise the importance of a healthy lifestyle. Furthermore, to look at how pupils can deal with intimate relationships. Pupils to understand how important it is to be employability.

Employability skills
Employability and online presence



Safety



Intimate relationships
Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography



Summer 1

RSE

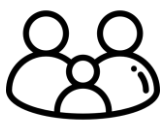
Spring 2



Healthy lifestyle
Diet, exercise, lifestyle balance and healthy choices, and first aid



Resilience and mental health



Respectful relationships
Families and parenting, healthy relationships, conflict resolution, and relationship changes



Spring 1

SMSC and British Values

Autumn 2



Peer influence, substance use and gangs
Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation



Decision making



Setting goals Learning strengths, career options and goal setting as part of the GCSE options process



Autumn 1

Summer 2

social and employability skills