



May 2019

Dear Parents

Further to our ambition to work in partnership with our parents and other organisations to support young people in their journey through their education, I can confirm that the Corinium Education Trust is hosting a series of events run by the parenting support organisation Triple P parenting.

Our intention is to offer parents an opportunity to attend a series of seminars and workshops that focus on supporting and managing the development of a young person as they mature into adulthood. The events on offer are detailed below and are designed to offer practical advice to all parents who are interested in developing their skills and understanding of dealing with young people at different stages of their journey through adolescence.

Date	Session	Content
<b>Wednesday 8<sup>th</sup> May from 6.00pm – 8.00pm</b>	Teen Triple P Seminar: Raising Responsible Teenagers	This session will focus on being respectful and showing consideration, being involved in family life, developing a healthy lifestyle and being reliable and assertive.
<b>Wednesday 15<sup>th</sup> May from 6.00pm – 8.00pm</b>	Teen Triple P Seminar: Raising Competent Teenagers	This session will focus on developing self-discipline, solving problems, establishing routines, following rules and developing friendships.
<b>Wednesday 22<sup>nd</sup> May from 6.00pm – 8.00pm</b>	Teen Triple P Discussion Group	This is a discussion group that will focus on positive parenting help for coping with teenager's emotions.

**The sessions will be delivered by Triple P parenting at Cirencester Deer Park School in the Expressive Arts block.** A member of Deer Park staff will be on hand to welcome and direct parents, but will not remain for the sessions. The sessions will be delivered by trained staff from the Triple P parenting support organisation.

If you are interested in attending one of these sessions please email [s.bellamy@deerparkschool.net](mailto:s.bellamy@deerparkschool.net) to enable us to plan effectively for these sessions.

Yours sincerely

Chiquita Henson  
Chief Executive