

Week Commencing: Monday 8 January

	Monday	Tuesday	Wednesday	Thursday	Friday	
	INSET DAY	Sausage & Mash	Quiche Lorraine	Spaghetti Bolognaise	Battered Fish	
	or	or	or	or	or	
1		Veggie Sausage	Cheese & Onion Quiche	Veggie Bolognaise	Spring Roll	
	with	with	with	with	with	
		Rhubarb Crumble	Rice Pudding	Flapjack	Mousse	
	Seasonal vegetables and tresh salad available daily					





Pasta with an assortment of toppings and sauces

Jacket Potato with hot and cold fillings

Fresh salad pots

A selection of fresh fruit, fruit pots, yoghurts

Milk / water / flavoured water / smoothies / juices

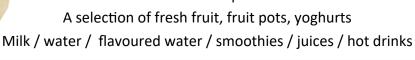


Available Daily in the Atrium at Break and Lunch

An assortment of freshly made rolls, baguettes and wraps
—selection changes daily

Tray Bake of the Day

Fresh salad pots
A selection of fresh fruit, fruit pots, yoghurts







Week Commencing: Monday 15 January

Monday	Tuesday	Wednesday	Thursday	Friday	
Beef Chilli	Macaroni Cheese	Chicken Tikka	Meatballs	Battered Fish	
or	or	or	or	or	
Veggie Chilli	Macaroni Cheese	Veggie Curry	Veggie Meatball	Veggie Sausages	
with	with	with	with	with	
Syrup Sponge	Chocolate Chip Flapjack	Bread & Butter Pudding	Apple & Berry Crumble	Mousse	
	Seasonal vegetables and fresh salad available daily				

Week Commencing: Monday 22 January

Monday	Tuesday	Wednesday	Thursday	Friday	
Spaghetti Bolognaise	Roast Beef	Chicken Kyiv	Steak Slice	Fishcake	
or	or	or	or	or	
Veggie Bolognaise	Cauliflower Cheese	Veggie Kyiv	Cheese & Onion Slice	Veggie Samosa	
with	with	with	with	with	
Peach Crumble	Treacle Tart	Chocolate Crunch	Marble Sponge	Trifle	
Seasonal vegetables and fresh salad available daily					





Week Commencing: Monday 29 January

	Monday	Tuesday	Wednesday	Thursday	Friday			
	Beef Chilli	Carbonara Pasta Bake	Sweet & Sour Chicken	Cottage Pie	Jumbo Sausage & Chips			
	or	or	or	or	or			
,	Veggie Chilli	Veggie Pasta Bake	Veggie Sweet & Sour	Veggie Cottage Pie	Veggie Sausage			
	with	with	with	with	with			
	Chocolate Sponge	Bakewell Tart	Flapjack	Apple Crumble	Mousse			
	Seasonal vegetables and fresh salad available daily							

Week Commencing: Monday 5 February

Monday Tuesda		Wednesday	Thursday	Friday	
Sausages & Hash Browns	Chicken Casserole	Spaghetti Bolognaise	Beef Burger	Battered Fish	
or	or	or	or	or	
Veggie Sausages	Stuffed Peppers	Veggie Bolognaise	Veggie Burger	Spring Roll	
with	with	with	with	with	
Sultana Sponge	Chocolate Shortbread	Fruit Pie	Jam Roly Poly	Trifle	
Seasonal vegetables and fresh salad available daily					



Week Commencing:

Mor	nday Tu	esday Wed	dnesday Th	ursday	riday	
0	or	or	or	or	or	
1						
wi	ith	with	with	with	with	
	Seasonal vegetables and fresh salad available daily					

Week Commencing:

Monday	Tuesday	Wednesday	Thursday	Friday		
or	or	or	or	or		
with	with	with	with	with		
With	With	With	With	With		
Seasonal vegetables and fresh salad available daily						